



RADISSON BLU HOTEL & SPA SLIGO

*Breakfast
Menu*

FRESH ORANGE JUICE
CHOICE OF FAVOURITE BREAKFAST CEREALS
(1-wheat, rye, oat, 5, 6, 7, 8 -almond, walnut, hazelnut, cashew)
WARM TOAST, CROISSANT & DANISH PASTRIES
SODA BREAD AND MINI MUFFINS
(1-Wheat, 3, 6, 7, 8 – pecan, almond, hazelnut, 12)
SELECTION OF JAMS AND MARMALADE
(7, 12)
FRUIT SALAD AND NATURAL YOGHURT
(7)
DAILY SPECIAL TREAT
Please inquire with Your Host
FRESHLY BREWED TEA OR COFFEE
SELECTION OF HERBAL TEAS
HOT CHOCOLATE (7)

Please advise our team members of any dietary requirements you might have.

Please note all food is prepared in a busy kitchen environment where we handle a variety of potentially allergenic ingredients.

FRESH FROM OUR KITCHEN

THE TRADITIONAL

Pork Sausages, Black and White and Pudding, Smoked Rashers

Tomato, Breakfast Mushroom and Beans with Fried Eggs

(1-wheat, barley, oat, 3, 6, 7, 9, 12)

POACHED EGGS ON TOASTED SOUR DOUGH

SMOKED BACON OR AVOCADO, HOLLANDAISE SAUCE

(1-wheat, rye, 3, 4, 6, 7, 9, 12)

FARMHOUSE CONTINENTAL

Selected Irish Cheeses with Cured Meats, Sweet Pepper Relish

(7, 10, 12)

PANCAKES & CHOCOLATE

Freshly Cooked, Chocolate Sauce and Fresh Berries

(1 – wheat, 3, 6, 7, 8)

CLASSIC SMOKED SALMON AND SCRAMBLED EGGS

Smoked Salmon, Pickled Red Onion

(1 – wheat, 3, 4, 6, 7, 12)

VEGAN FRENCH TOAST

Berry Compote and Maple Syrup

(1-Wheat, 6, 12)

Allergen Information: 1 Gluten, 2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanuts, 6 Soybeans, 7 Milk, 8 Nuts, 9 Celery, 10 Mustard, 11 Sesame Seeds, 12 Sulphites, 13 Lupin, 14 Mollusks