



Radisson **BLU**  
HOTEL & SPA, SLIGO

# RADISSON BLU HOTEL & SPA SLIGO

*Guest  
Directory*



# WELCOME NOTE

Dear Guest

A warm welcome to the Radisson Blu Hotel & Spa, Sligo. We trust that your stay with us will be pleasant and enjoyable. Thank you for choosing our hotel as your base while staying in the North West. On the following pages we have put together the most important information about the hotel and the surrounding area.

My team and I guarantee you will be satisfied. It is our promise that you can be happy with your stay. If you are not satisfied with something, please contact one of our staff or me directly through One Touch Service on your phone or email [info.sligo@radissonblu.com](mailto:info.sligo@radissonblu.com) during your stay. We wish you a most enjoyable stay with us.

Best regards,  
**Seamus Preston**  
*General Manager*





# TOUCH THE BUTTON & THE SERVICE IS YOURS!

It has been a long day and all you want is room service, a shirt pressed and a wake-up call. The idea of calling three different people to get what you require seems exhausting. Trust Radisson Blu to think of you and give you One Touch Service.

You can reach all the following services at the touch of just one button on the phone in your room:

- **Information** for special requests or information on local events
- **Wake up** call to get you on your way in the morning
- **Housekeeping** if you need an extra towel or an extra pillow
- **Maintenance** if something in your room does not work

This service is easy and your requests are handled 24 hours a day. Our employees are well trained and ready to make your stay comfortable and enjoyable.

We know what you want and One Touch Service is our way of showing you. Press the One Touch Service on the phone in your guestroom, and let us take care of the rest!

# GUEST DIRECTORY A-Z

## ADDRESS

Radisson Blu Hotel & Spa, Sligo, Ballincar, Rosses Point Road, Co. Sligo Eircode: F91 XW7Y

Tel +353 71 914 0008 Fax +353 71 914 0005

Email: [info.sligo@radissonblu.com](mailto:info.sligo@radissonblu.com) Web: [www.radsligo.com](http://www.radsligo.com)

## ADAPTER

Voltage in the room is 220v multi –socket.

Adaptors are available through the One Touch Service

## AIR-CONDITIONING

The hotel is completely air-conditioned. There are individual thermostatic control units in all rooms enabling you to regulate your room temperature. Your room key needs to be inserted for the Air conditioning Temperature Control to operate. You will find instructions on how to operate below. If you have any queries, please dial One Touch Service.

- The unit can be turned on or off by pressing the button on the top right hand side of the unit
- The set temperature is indicated on the unit's display screen
- The temperature is controlled by using the two buttons on the bottom left hand side of the unit (marked with two arrows)
- You can control the speed of the fans with the two fan buttons on the bottom right hand side of the unit (marked with a fan symbol)

## AIRPORT INFORMATION

Bus Eireann operates coach services from Sligo to Ireland West Airport, Knock. For further information on this or alternative airport transport, please dial One Touch Service. Airline Phone numbers are as follows:

|              |                  |
|--------------|------------------|
| Belfast      | +44 2894484848   |
| Belfast city | +44 2890 939093  |
| Knock        | +353 94 9368100  |
| Dublin       | + 353 1 814 1111 |
| Shannon      | +353 61 712000   |

# GUEST DIRECTORY A-Z

## **BANK**

The nearest banks are located in Sligo City Centre, ten minutes from our hotel. Opening hours and phone numbers are:

|                 |                     |                               |                  |
|-----------------|---------------------|-------------------------------|------------------|
| Bank of Ireland | Mon-Fri             | 10.30am - 4pm                 | +353 71 914 5341 |
| AIB             | Mon-Fri             | 10.30am - 4pm                 | +353 71 914 2157 |
| Ulster Bank     | Mon-Fri             | 10.00am - 4pm                 | +353 71 916 2611 |
| TSB:            | Saturday<br>Mon-Fri | 9.00am - 1pm<br>10.30am - 5pm | +353 71 914 5245 |

The nearest cash machine is located in the Hotel Lobby.

## **BREAKFAST**

Our Breakfast is served from 7.00am – 11.00am Monday to Friday and 8.00am – 11.00am Saturday, Sunday and Public Holidays in the Brasserie on the ground floor.

## **CAR RENTAL**

Arrangements can be made at Reception. Please dial One Touch Service.

## **CHECK OUT TIME**

Check out time is 12:00pm. Should you wish to retain your room after this time kindly contact reception. late check out can only be allocated subject to availability.

## **CHEMIST**

For details of the nearest chemist, please dial One Touch Service.

## **CHILDREN**

Children under of the age of twelve years stay free of charge in their parent's room on existing bedding. Roll away beds and baby cots are available free of charge and can be delivered to your room depending on room type. Please note that a charge will apply for breakfast.

# GUEST DIRECTORY A-Z

## CHURCHES/PLACES OF WORSHIP

For details of churches or places of worship, please dial One Touch Service.

## CINEMA

The Gaiety Cinema is located in Wine Street, Sligo. visit [www.gaietysligo.com](http://www.gaietysligo.com) or dial One Touch Service for updated show times.

## CREDIT CARDS

We accept the following credit cards: Visa, Mastercard and Diners Club.

## DENTIST/DOCTOR

If you are in need of medical attention, our Front Office Staff will be pleased to refer you to a practitioner in the local area.

## DO NOT DISTURB

If you do not wish to be disturbed, please place the 'Do not Disturb' sign on the outside of your door handle. Should you not wish to receive any telephone calls, please dial One Touch Service.

## EMERGENCY

There is a fire emergency plan posted on your room door depicting your room's position. There are emergency exits on every floor which are indicated by green illuminated signs. Please call reception if you need assistance in leaving the room. Please refer to the emergency section.

In case of emergency please press emergency button on your bedroom telephone or dial 0.

## EXPRESS CHECKOUT

If you are settling your bill by credit card, you can use our express check-out service. for information, please dial One Touch Service.

## FLOWERS

We can arrange flowers for every occasion, please dial One Touch Service.

## GOLF

|                                     |                  |
|-------------------------------------|------------------|
| County Sligo Golf Club Rosses Point | +353 71 917 7134 |
| Strandhill Golf Club                | +353 71 916 8188 |
| Enniscrone Golf Club                | + 353 96 36297   |

# GUEST DIRECTORY A-Z

## HEALTH & RELAXATION

**The Fitness Club – located on the lower ground floor**

As a resident you are welcome to enjoy the wonderful Fitness Club free of charge. The Club features an indoor 18 metre swimming pool, steam room, jacuzzi and state of the art gymnasium. Swimming hats must be worn at all times and be purchased for €3. Swimsuits and other accessories can also be purchased. Towels are provided free of charge. For more information about Health and Relaxation facilities please contact our Fitness Club Reception on 3822.

### **THE FITNESS CLUB OPENING TIMES:**

|                                    |            |
|------------------------------------|------------|
| Monday to Friday                   | 7am – 10pm |
| Saturday, Sunday & Public Holidays | 8am – 8pm  |

### **THE FITNESS CLUB CHILDREN'S HOURS:**

|       |           |
|-------|-----------|
| Daily | 8am – 7pm |
|-------|-----------|

All children under 16 years must be accompanied by an adult. Only persons over 16 years can use the gym, sauna, steam room and jacuzzi.

## SOLAS SPA & WELLNESS CENTRE

If you are planning on pampering during your stay, enjoy a haven of relaxation in our Solas Spa & Wellness Centre located on the lower ground floor. The aim of this uniquely designed Spa is to relax the mind, pamper the body and soothe the soul. Solas provides the latest in natural beauty and holistic therapies. There are seven treatment rooms each elegantly designed. The Thermal Suite features many delights such as a herb sauna, foot spa, crystal steam-room, tropical shower, ice fountain and Razul. A Razul is an Arabian mud ritual designed to help cleanse and groom the skin.

Full Day and Half Day Packages have been created so please contact the Spa directly to book on ext 2442.

### **OPENING TIMES:**

|                           |                 |
|---------------------------|-----------------|
| Sunday – Friday inclusive | 10am – 6pm      |
| Saturday                  | 9.30am – 6.30pm |

Please book treatments and the Thermal Suite in advance to avoid disappointment .



# GUEST DIRECTORY A-Z

## **HOUSEKEEPING**

Our Housekeeping Department will be happy to assist you in all matters regarding your comfort and convenience. An additional range of body care/ toiletry products, robes & slippers are available. Dial One Touch Service.

## **IN-ROOM SAFE**

Safety deposit boxes are available in every guest room. We suggest that you use this facility for any valuables as the hotel cannot take responsibility for money or valuables left inside your room.

## **ICE**

Contact One Touch Service to have ice delivered to your room.

## **INTERNET**

All bedrooms and public areas feature free broadband and wireless access. LAN connection is only available in the bedrooms. There is a hotel computer and printer available for guest use situated on the Lower Ground Level.

## **INTERNET ACCESS INSTRUCTIONS**

Your room is equipped with a standard Local Area Network (LAN) outlet with high-speed connection to the internet. To use it, follow these instructions:

- Connect the path cable to your PC LAN Port. A cable can be found in your desk drawer.
- Start your PC and launch the internet browser and open at the public webpage.
- The system will redirect you to the welcome screen.
- You will now have full internet access.

If you would like to use the wireless network, connect to the network named Radisson Guest and follow the on-screen prompts.

For further support contact One Touch Service.

## **IRON & IRONING BOARD**

Every room features an iron and ironing board in the wardrobe, which also functions as a trouser press. For assistance dial One Touch Service. For extra details of this service, please see the laundry section.

## **LOST AND FOUND**

In the event of belongings being lost or mislaid dial One Touch Service.



# GUEST DIRECTORY A-Z

## MAIL

Please leave your outgoing mail at Reception. Incoming mail will be distributed to you as soon as it is delivered to the hotel.

## MAP

For a map of Sligo and the surrounding area please contact Reception.

## PHOTOCOPYING

Photocopying is available on request through reception.

## RESERVATION

For a room reservation in our hotel or other Radisson Blu Hotels & Resorts, please dial One Touch Service who will be happy to assist you.

## RESTAURANT & BAR

### *THE BRASSERIE*

Situated on the first floor beside Reception, the Brasserie offers Modern Irish Cuisine which is simple & seasonal. This wonderful elegant location offers an unrivalled level of service, ambience, décor and gastronomical delights for you to enjoy. The Brasserie has magnificent views across Sligo Bay and Knocknarea Mountain.

### *SUPER BREAKFAST*

|                                    |                  |
|------------------------------------|------------------|
| Monday to Friday                   | 7.00am – 11.00am |
| Saturday, Sunday & Public Holidays | 8.00am – 11.00am |

If you would like to enjoy your breakfast in your room, please call One Touch Service or fill out the breakfast card which you should hang outside your door handle by 3.00am at the latest. Kindly note there are extra charges for room service.

### *LUNCH*

Pre Bookings Only

### *AFTERNOON TEA*

|               |           |
|---------------|-----------|
| 7 days a week | 1pm – 4pm |
|---------------|-----------|

# GUEST DIRECTORY A-Z

## **DINNER**

|          |                 |
|----------|-----------------|
| Monday 0 | 5.30pm – 9.30pm |
|----------|-----------------|

## **WAVES BAR**

Waves Bar is situated on level one behind Reception. Popular with both locals and hotel guests, the bar serves an extensive range of bar food alongside excellent drinks. Stop by with family and friends to enjoy a pint of Guinness or a cocktail from the bar's international drinks menus. With 2 large flat screen TV's you will never have to miss that important game or even just catching up with the latest news.

## **OPENING TIMES**

|                   |                               |
|-------------------|-------------------------------|
| Monday to Sunday  | Bar opens 12 midday – 11.30pm |
| Food served daily | from 12.30pm – 9.30pm         |

## **SHAVER**

You will find a special shaver socket for electric shavers in your bathroom. If you require a shaving kit please dial One Touch Service.

## **SHOE SHINE**

Shoe Shine Machines are situated on each floor near the lifts. Shoe polishing materials are also available. Please dial One Touch Service.

## **SIGHTSEEING & TOURISM**

Please refer to the Sightseeing section or call Sligo Tourist office on +353 1850 230 330 or visit [www.sligotourism.ie](http://www.sligotourism.ie)

## **TAXI**

Please dial One Touch Service and they will be happy to assist you.

## **TELEPHONE GUIDE**

The Telephone System in your bedroom comprises of two telephone lines. The phone on your desk enables you to use two lines.

# GUEST DIRECTORY A-Z

## HOW TO USE YOUR PHONE

### TO MAKE A CALL TO ANOTHER ROOM

Dial 8 + room number

### TO MAKE A CALL IN IRELAND

Dial 9 + area code + number

### TO MAKE A CALL TO ANOTHER COUNTRY

Dial 9 + 00 + country code + number

## SUMMARY OF CALL CHARGES SCHEDULE

| RATING GROUP              | € PER MINUTE | CTN (SECS) |
|---------------------------|--------------|------------|
| Local                     | €0.65        | 60         |
| National                  | €0.95        | 60         |
| Mobile                    | €1.60        | 60         |
| Other                     | €1.50        | 60         |
| Europe                    | €1.95        | 60         |
| Eastern Europe            | €4.95        | 60         |
| Far East & Australasia    | €4.95        | 60         |
| Middle East & Africa      | €4.95        | 60         |
| North America & Caribbean | €1.95        | 60         |
| South America             | €4.95        | 60         |
| Satellite Services        | €4.95        | 60         |
| International Freephone   | €0.00        | 60         |

# GUEST DIRECTORY A-Z

## TV & RADIO CHANNELS

### TV CHANNELS

1. RADISSON WELCOME PAGE
2. RTE 1
3. RTE 2
4. VIRGIN MEDIA 1
5. TG 4
6. VIRGIN MEDIA 2
7. VIRGIN MEDIA 3
8. RTE JUNIOR
9. RTE 1 + 1
10. RTE 2 + 2
11. RTE NEWS NOW
12. OIREACHTAIS
13. BBC NEWS
14. BBC 1
15. BBC 2
16. ITV
17. CHANNEL 4
18. CNN
19. CHANNEL 5
20. ITV 2
21. ITV 3
22. ITV 4
23. 5 USA
24. E4
25. FILM 4
26. SONY CHANNEL
27. SONY MOVIES
28. SONY MOVIES + I
29. POP
30. POP MAX + I
31. POP MAX
32. POP + I
33. TINY POP
34. TINY POP + I
35. 24
36. TVE
37. 24 HO
38. FRANCE 24
39. TV MONDE EUROPE
40. RTE RADIO 1
41. RTE RADIO 1 EXTRA



# GUEST DIRECTORY A-Z

## **UMBRELLAS**

Umbrellas are available from the Reception Desk.

## **WAKE UP CALLS**

To organize your wake-up call please dial One Touch Service.

## **WASHING STRING**

A washing string is fixed above the bathtub in your bathroom.

## **WI-FI**

All bedrooms and public areas feature free broadband and wireless access. LAN connection is only available in the bedrooms. There is a hotel computer and printer available for guest use situated on the Lower Ground Level.

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- Connect the patch cable to your PC LAN Port. A cable can be found in your desk drawer.
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