

# WAVES

BAR

## BAR MENU

### SANDWICHES

<b>THE CLUB SANDWICH</b> <i>Toasted sour dough triple decker Smoked pancetta, egg, chicken &amp; lettuce</i> (1-wheat,3,4,6,7,9,10,12)	13.95
<b>SMOKED CHICKEN CAESAR WRAP</b> <i>Slightly smoked fillet of chicken tossed with pancetta Fresh parmesan, baby gem and creamy Caesar dressing</i> (1-wheat,3,4,6,7,9,10,12)	10.50
<b>OPEN CIABATTA, TOMATO RELISH AND HEGGARTY CHEDDAR TOASTY</b> <i>Grilled ciabatta with relish and pickled onion</i> (1-wheat,3,7,9,10,12)	10.50
<b>CREATE YOUR OWN</b> <i>Choose up to 4 fillings from the choice below: Chicken, pancetta, Andral Farm bacon, ham, tuna, cheddar cheese, tomato, onion, salad, egg</i>	
Plain Sandwich	7.95
Toasted Sandwich (1-wheat,3,6,7,9,10,12)	8.50

All sandwiches are served with seasonal salad and skinny chips

### PASTA & PIZZA

<b>WILD MUSHROOM TAGLIATELLE</b> <i>Seared mushrooms Fresh tarragon and Parmigiano Reggiano</i> (1-wheat,3,6,7,9,12)	14.50
<i>Add chicken to above pasta (7)</i>	4.00
<b>CLASSIC MARGHERITA PIZZA</b> <i>San Marzano tomato pizza sauce West Cork mozzarella and fresh basil</i> (1-wheat,6,7,9,10,12)	14.50
<b>BBQ PULLED PORK &amp; SPRING ONION</b> <i>Overnight roast pork belly with coriander and sweet corn BBQ base</i> (1-wheat,6,7,9,10,12)	15.50
<b>ANCHOVIE, OLIVE &amp; TOMATO CONFIT</b> <i>Kalamata olives and roast cherry vine tomato</i> (1-wheat,4,6,7,9,10,12)	14.50
<b>BUILD YOUR OWN PIZZA</b> <i>Choose one of the above and add extra toppings for €1.20 Chicken, bacon, ham, pepperoni, salami, peppers, pineapple, jalapeno peppers, mushrooms, rocket</i>	

### SIDES

Side salad (6,12)	3.50
Creamed potatoes (7,12)	4.00
Skinny skin on chips (6)	4.00
Roast root vegetables (6,7)	4.00
Cheesy garlic bread (1-wheat,6,7,12)	4.50

### SOUP

<b>SOUP OF THE DAY</b> <i>Wholemeal soda bread (1-wheat&amp;oat,3,6,7,9,12)</i>	5.95
<b>SOUP AND TOASTED HAM &amp; CHEESE S/W</b> (1-wheat,3,6,7,9,10,12)	14.00

### STARTERS & SALADS

<b>HONEY WHIPPED ARDSALLAGH GOATS CHEESE</b> <i>Keith Clarke's honey Compressed apple, candied walnut, grape and celery salad</i> (6,7,8-walnut,9,10,12)	9.50
<b>DEEP FRIED CHICKPEA FALAFEL SALAD</b> <i>Hummus and pomegranate seeds Vegan - (1-wheat,6,9,10,11,12)</i>	9.50
<b>THE BRASSERIE CAESAR</b> <i>Smoked pancetta and focaccia croutons Baby gem and our dressing</i> (1-wheat,barley,3,4,6,7,9,10,12)	8.95
<i>Add chicken to any salad (7)</i>	4.00

### MAINS

<b>SPICY CHICKEN WINGS</b> <i>Crispy Irish wings in our own hot sauce</i>	9.95
<i>Main course portion with fries</i> (1-wheat,3,6,7,9,12)	15.95
<b>FRESH FISH 'N CHIPS</b> <i>White Fish battered in a Smithwicks beer batter House pickle tartar sauce with salad</i> (1-wheat,oat,rye,barley,3,4,6,7,12)	17.95
<b>ROSEMARY &amp; ACHILL SEASALT BURGER</b> <i>Gilligan Farm minced Angus beef Ale onions and Tipperary brie Crisp brioche bun and chips</i> (1-wheat,barley,oat,3,6,7,10,11,12)	17.50
<b>CHICKEN BURGER</b> <i>Southern fried, smoked bacon Garlic mayo, brioche bun and chips</i> (1-wheat,3,6,7,9,10,11,12)	17.50
<b>LOUGHNANE'S "VEEF" BURGER</b> <i>Plant based patty, vegan mozzarella Balsamic beef tomato, baby gem and chips</i> Vegan - (1-wheat,6,9,10,11,12)	16.95



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### DESSERTS

<b>MANGO &amp; PASSION FRUIT CHEESECAKE</b>	7.50
<i>Coconut sorbet</i> (1-wheat,3,6,7,12)	
<b>CROISSANT &amp; WHITE CHOCOLATE BUTTER PUDDING</b>	7.50
<i>Raspberries and vanilla cream</i> (1-wheat,3,6,7,8-variety,12)	
<b>APPLE &amp; PECAN CRUMBLE</b>	7.50
<i>Blackberry, white chocolate ice cream</i> (1-wheat,3,6,7,8-variety,12)	
<b>GLASTRY FARM ICE CREAMS</b>	7.00
<i>Selection of ice creams and sorbets</i> (1-wheat,3,6,7,12)	
<b>CHOCOLATE MOUSSE</b>	7.50
<i>Summer berry sorbet</i> (1-wheat,barley,oat,6,7,8-almond)	
<b>BANOFFEE PIE</b>	7.50
<i>Coffee cream, vanilla bean ice cream</i> (1-wheat,3,6,7,12)	
<b>ARTISIAN CHEESEBOARD</b>	12.50
<i>Farmhouse cheese, crackers and chutney</i> (1-wheat,oat,rye,3,6,7,9,10,12)	

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*All our beef, chicken and pork is of Irish origin unless stated otherwise. Whilst every care is taken to ensure our dishes do not contain allergens other than listed for each dish, traces may be present due to the nature of our kitchens and operations.*

*Please inform your server if you suffer from any food allergy or have other dietary requirements.*

*1-Cereals cont. Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soybeans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs*

