

WAVES

BAR

MENU

SERVED FROM 12.30 TO 21.30

SANDWICHES

THE CLUB SANDWICH <i>Toasted sour dough triple decker Smoked pancetta, egg, chicken & lettuce</i> (1-wheat,3,4,6,7,9,10,12)	13.95
SMOKED CHICKEN & CAESAR WRAP <i>Slightly smoked fillet of chicken tossed with pancetta Fresh parmesan, baby gem and creamy Caesar dressing</i> (1-wheat,3,4,6,7,9,10,12)	10.50
OPEN CIABATTA, TOMATO RELISH AND HEGGARTY CHEDDAR TOASTY <i>Grilled ciabatta with relish and pickled onion</i> (1-wheat,3,7,9,10,12)	10.50
CREATE YOUR OWN <i>Choose up to 4 fillings from the choice below: Chicken, pancetta, Andral Farm bacon, ham, tuna, cheddar cheese, tomato, onion, salad, egg</i>	
Plain Sandwich	7.95
Toasted Sandwich	8.50
(1-wheat,3,6,7,9,10,12)	
All sandwiches are served with seasonal salad and skinny chips	

PASTA & PIZZA

WILD MUSHROOM TAGLIATELLI <i>Seared mushrooms fresh tarragon and parmigiana reggianos</i> (1-wheat,3,6,7,9,12)	14.50
<i>Add chicken to above pasta (7)</i>	4.00
CLASSIC MARGHERITA PIZZA <i>San Marzano tomato pizza sauce, West Cork mozzarella and fresh basil</i> (1-wheat,6,7,9,10,12)	14.50
BBQ PULLED PORK & SPRING ONION <i>Overnight roast pork belly with coriander and sweet corn BBQ base</i> (1-wheat,6,7,9,10,12)	15.50
ANCHOVIE, OLIVE & TOMATO CONFIT <i>Kalamata olives and roast cherry vine tomato</i> (1-wheat,4,6,7,9,10,12)	14.50
BUILD YOUR OWN PIZZA <i>Choose one of the above and add extra toppings for € 1.20 Chicken, bacon, ham, pepperoni, salami, peppers, pineapple, jalapeno peppers, mushrooms, rocket</i>	

SIDES

Side salad (6,12)	3.50
Creamed potatoes (7,12)	4.00
Skinny skin on chips (6)	4.00
Roast root vegetables (6,7)	4.00
Cheesy garlic bread (1-wheat,6,7,12)	4.50

SOUP

SOUP OF THE DAY <i>Wholemeal soda bread</i> (1-wheat&oat,3,6,7,9,12)	5.95
SOUP AND TOASTED HAM & CHEESE S/W (1-wheat,3,6,7,9,10,12)	14.00

STARTERS & SALADS

HONEY WHIPPED ARDSALLAGH GOATS CHEESE <i>Keith Clarke's Knocknarea honey Compressed apple, candied walnut, grape and celery salad</i> (6,7,8-walnut,9,10,12)	9.50
DEEP FRIED CHICKPEA FALAFEL SALAD <i>Hummus and pomegranate seeds</i> Vegan - (1-wheat,6,9,10,11,12)	9.50
THE BRASSERIE CAESAR <i>Smoked pancetta and focaccia croutons Baby gem and our dressing</i> (1-wheat&barley,3,4,6,7,9,10,12)	8.95
<i>Add chicken to any salad (7)</i>	4.00

MAINS

SPICY CHICKEN WINGS <i>Crispy Irish wings in our own hot sauce</i> Main course portion with fries (1-wheat,3,6,7,9,12)	9.95 15.95
FRESH FISH 'N CHIPS <i>White Fish battered in a Dead Centre Lager beer batter House pickle tartar sauce with salad</i> (1-wheat,oat,rye,barley,3,4,6,7,12)	17.95
ROSEMARY & ACHILL SEASALT BURGER <i>Gilligan Farm minced Angus beef Ale onions and Tipperary brie Crisp brioche bun and chips</i> (1-wheat,barley,oat,3,6,7,10,11,12)	17.50
CHICKEN BURGER <i>Southern fried, smoked bacon Garlic mayo, brioche bun and chips</i> (1-wheat,3,6,7,9,10,11,12)	17.50
LOUGHNANE'S "VEEF" BURGER <i>Plant based patty, vegan mozzarella Balsamic beef tomato, baby gem and chips</i> Vegan - (1-wheat,6,9,10,11,12)	16.95

CHICKEN SUPREME AND BRAISED THIGH CHASSEUR <i>Forest mushroom, plum tomato, tarragon Cream potato</i> (6,7,9,10,12)	19.50
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WAVES

BAR

BAR LUNCH MENU

SERVED FROM 12.30 TO 17.30

DESSERTS

MANGO & PASSION FRUIT CHEESECAKE	7.50
<i>Coconut sorbet</i> (1-wheat,3,6,7,12)	
CROISSANT & WHITE CHOCOLATE BUTTER PUDDING	7.50
<i>Raspberries and vanilla cream</i> (1-wheat,3,6,7,8-variety,12)	
APPLE & PECAN CRUMBLE	7.50
<i>Blackberry, white chocolate ice cream</i> (1-wheat,3,6,7,8-variety,12)	
GLASTRY FARM ICE CREAMS	7.00
<i>Selection of ice creams and sorbets</i> (1-wheat,3,6,7,12)	
CHOCOLATE MOUSSE	7.50
<i>Summer berry sorbet</i> (1-wheat,barley,oat,6,7,8-almond)	
BANOFEE PIE	7.50
<i>Coffee cream, vanilla bean ice cream</i> (1-wheat,3,6,7,12)	
ARTISIAN CHEESEBOARD	12.50
<i>Farmhouse cheese, crackers and chutney</i> (1-wheat,oat,rye,3,6,7,9,10,12)	

All our beef, chicken and pork is of Irish origin unless stated otherwise. Whilst every care is taken to ensure our dishes do not contain allergens other than listed for each dish, traces may be present due to the nature of our kitchens and operations.

Please inform your server if you suffer from any food allergy or have other dietary requirements.

1-Cereals cont. Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soybeans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs